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LOVE AND HAPPINESS

Love and happiness goes together. Love is used so broadly, it is helpful to distinguish between different types of love. In marriage we need all of them in order for the marriage to be successful.

Security Love—The love everyone needs to survive. It's the feeling of being cared for and nurtured.

Philia Love—The love between yourself and someone that is totally honest, open and comfortable.

Eros Love—Eros is dependent upon the situation and circumstance. Although Eros love might make us feel like we're on cloud nine it cannot provide a reliable basis for building a deep and meaningful relationship.

Agape Love—Is sincere love that lasts forever no matter what has happen in the relationship. Love

for the person never diminishes. That's the type of love God has for us and He wants us to have for each other.

The divorce rate wouldn't be as high if people would really take the time prior to marriage to see if they really have all four types of love that makes a marriage last to death do you part!

Security Love is having the feeling your spouse will be there for you no matter what happens in life. They will be there to provide and take care of you, spiritually, mentally, physically, emotionally, financially and educationally.

This is not just for the husband, but this should go for the wife as well. Everyone that is married or in a relationship needs to know they will be provided for by their mate. If not this can cause insecurity in the relationship.



Philia Love is being honest with one another. Be honest with your spouse, don't lie. If you find yourself lying you need to ask yourself, why. Is it because you're a liar or is it because you're afraid of how your spouse will react. If that is the reason it shouldn't be! There will be times when it's not the right time to talk about different things, but if you're afraid to talk to your spouse the majority of the times about difficulty subjects, there is a possibility of abuse. Your husband should always be the one you can go and talk to no matter what it's about, just choose the right time!

Eros Love—Should continually be in the marriage no matter how long you have been married, you should always feel like you're on cloud nine with your spouse, mentioning or thinking about them should bring a sense of happiness and fulfillment.

Agape Love—Is needed in the marriage for it to survive the ups and downs of life. Marriage will sometimes bring out the worst in you, but while the worst is being shown, can the love you have for your spouse sustain the marriage?

Marriage will test your love and if you don't have agape love it will not survive.

Don't get love confused with abuse. If abuse is in the marriage that is not love. There is no excuse for abuse. Love does not hit, bite, or formulate words that will discredit your self-worth or self esteem. Love loves at all times!

Girl

Women it's good to talk to your girl-friend about different issues in your marriage, but don't tell them all about the good or the bad.

On many occasions the very friend the woman talked about her husband to was the very friend that took her husband.

If there's problems in the marriage, they should only be talked to a friend that is happily married, one that is building her house and not tearing it down.

If your girl-friend is single and is

looking for a spouse, it's wise not to tell her too much about you and your spouse.

Women today seems to be desperate for a man, and they don't care about whose man they get!

No matter how you and your spouse is getting along there will come a time there will be a disagreement, learn to talk about your disagreement between you and your spouse. Pray before you talk to him, ask God to give you directions of what to say and what not to say and the

best time to talk about the problem. Stop telling all of your personal business to your friends.

If you need someone to talk to, get into a godly women's group, One that you know the women love and fear God and will not tell your problem all over town. Women that will get with you and pray for you and your marriage and not pray or talk against it.

The next time you say, "Girl..." watch what you're about to say!

Mending A Broken Heart

Healthy marriages cannot be built on foundations of brokenness. Spouses cannot heal broken, messed-up-hearts. Only Jesus can do that kind of heart surgery.

Many times we get into a marriage or a relationship and we bring all the mess from a former relationship and expect our new partner to mend what someone else broke, and

when they can't heal what someone else has broken, we fault them and think they don't care about us or what happened, this will put a strain on the relationship.

God is the healer of broken hearts, wounded spirits, and confused minds, don't put this on your partner, but give it to Jesus and watch Him heal everything in your heart



and spirit that needs to be healed. He can heal it to the point, it will feel like it has never been broken.

Submissiveness

Submit is a word most women do not want to hear, but if you're married, the word of God instructs us to be submissive to our spouse. To submit is to yield or surrender oneself to the will or authority of another or to commit something to the consideration or judgment of another, this goes for both parties.

Doing this will bring the blessing of God into your marriage because you're following God's instructions.

Don't get submissiveness confused with door-mat there is a difference. A large percentage of men of color are no longer dating or marrying women of color because too many

times we confuse submissiveness with something that will belittle us when it just giving the man his respectful place as God has ordained him to be. Submissiveness does not take from your identity or make you a door-mat. Ask God to help you to be a submissive wife.